



This institution is an equal opportunity provider. Menus are subject to change.

Available Daily

Nonfat Milk
Low-fat White Milk
Low-fat Chocolate Milk

***Menu item may contain pork**

Thursday, May 1

Breakfast
 Zee Zee's Smore Bar
 Fruit-Juice-Milk

Lunch
 Beef Hot Dog on Bun w/Chili & Cheese
 Pizza Crunchers

Choose Two:
 Mashed Potatoes w/Gravy
 Baked Beans

Choose One:
 Strawberry Cup
 Whole Fresh Fruit

Friday, May 2

Breakfast
 Cinnamon Roll
 Fruit-Juice-Milk

Lunch
 Spicy Chicken Tenders w/Roll
 Garlic French Bread

Choose Two:
 French Fries
 Mixed Vegetables

Choose One:
 Orange Cup
 Whole Fresh Fruit

Brain Ticklers



If a man builds a house with all 4 sides facing south, and a bear walks by the house, what color is the bear?

(Hold the page upside down and read it in a mirror for the answer!)

This is a word puzzle. The answer is written on the front of the page.

Monday, May 5

Breakfast
 Banana Bread
 Fruit-Juice-Milk

Lunch
 Corndog Nuggets
 Manicotti w/Garlic Stick

Choose Two:
 Potatoes Au gratin
 Broccoli

Choose One:
 Applesauce Cup
 Whole Fresh Fruit

Tuesday, May 6

Breakfast
 Dunkin Stick
 Fruit-Juice-Milk

Lunch
 Stuff Crust Pizza
 Chicken Nuggets w/Roll

Choose Two:
 Corn
 Spinach

Choose One:
 Pineapple Cup
 Whole Fresh Fruit

Wednesday, May 7

Breakfast
 Sausage & Gravy Pizza*

Lunch
 Crispy Chicken Patty on Bun
 Macaroni & Cheese Bites

Choose Two:
 Taco Fiesta Beans
 Roasted Butternut Squash

Choose One:
 Mixed Fruit Cup
 Whole Fresh Fruit

Thursday, May 8

Breakfast
 Asst. Mini Pancakes
 Fruit-Juice-Milk

Lunch
 Cheese Stuffed Bread Sticks
 Spicy Chicken Tenders w/Roll

Choose Two:
 Tomato Soup
 Green Beans

Choose One:
 Peach Cup
 Whole Fresh Fruit

Friday, May 9

Breakfast
 Benefit Bar
 Fruit-Juice-Milk

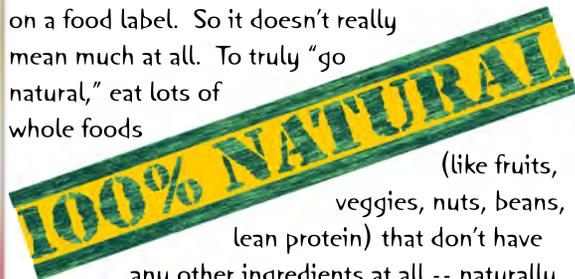
Lunch
 BBQ on Bun*
 w/Cornbread Poppers
 Chicken & Waffles

Choose Two:
 Cole Slaw
 French Fries

Choose One:
 Pear Cup
 Whole Fresh Fruit

GOING NATURAL?

There's no legal definition of the word "natural" on a food label. So it doesn't really mean much at all. To truly "go natural," eat lots of whole foods



(like fruits, veggies, nuts, beans, lean protein) that don't have any other ingredients at all -- naturally.

EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!

Monday, May 12

Breakfast
 Breakfast Break
 Fruit-Juice-Milk

Lunch
 Stuffed Crust Pizza
 Fiesta Hot Pocket

Choose Two:
 Broccoli
 Sweet Potatoes

Choose One:
 Mandarin Orange Cup
 Whole Fresh Fruit

Tuesday, May 13

Breakfast
 Sausage Biscuit*
 Fruit-Juice-Milk

Lunch
 Popcorn Chicken Bowl w/Roll
 Pizza Calzone*

Choose Two:
 Mashed Potatoes w/Gravy
 Corn

Choose One:
 Strawberry Cup
 Whole Fresh Fruit

Wednesday, May 14

Breakfast
 Waffle Envy
 Fruit-Juice-Milk

Lunch
 Bacon Cheeseburger*
 w/Onion Rings
 Pizza Crunchers

Choose Two:
 Tater Tots
 Baked Beans

Choose One:
 Applesauce Cup
 Whole Fresh Fruit

Thursday, May 15

Breakfast
 Zee Zee's Smore Bar
 Fruit-Juice-Milk

Lunch
 Spicy Chicken Patty on Bun
 Breakfast for Lunch*
 w/Cinnamon Texas Toast

Choose Two:
 Has Browns
 Collard Greens

Choose One:
 Spiced Apples
 Whole Fresh fruit

Friday, May 16

Breakfast
 Cinnamon Roll
 Fruit-Juice-Milk

Lunch
 Chicken Wings
 w/Cornbread Muffin
 Individual Pizza Pie

Choose Two:
 Steamed Cabbage
 French Fries

Choose One:
 Pineapple Cup
 Whole Fresh Fruit

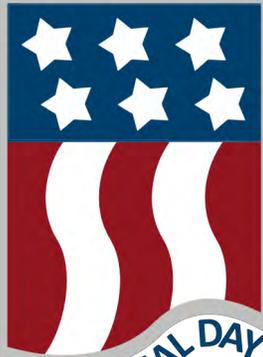
Monday, May 19
Breakfast
 Banana Bread
 Fruit-Juice-Milk
Lunch
 Buffalo Chicken Pizza
 Spaghetti w/Meatballs
 w/Garlic Stick
Choose Two:
 Sweet Potato Waffle Fries
 Green Beans
Choose One:
 Dole Fruit Cup
 Whole Fresh Fruit

Tuesday, May 20
Breakfast
 Dunkin Stick
 Fruit-Juice-Milk
Lunch
 Teriyaki Chicken Bowl
 w/Fried Rice & Roll
 Stromboli*
Choose Two:
 Corn
 Broccoli
Choose One:
 Peach Cup
 Whole Fresh Fruit

Wednesday, May 21
Breakfast
 Sausage & Gravy Pizza*
 Fruit-Juice-Milk
Lunch
 Nachos w/Roll
 Pizza Pinwheels
Choose Two:
 Refried Beans
 Roasted Carrot Sticks
Choose One:
 Pear Cup
 Whole Fresh Fruit

Thursday, May 22
Breakfast
 Asst. Mini Pancakes
 Fruit-Juice-Milk
Lunch
 Beef Hot Dog on Bun
 w/Chili & Cheese
 Pizza Crunchers
Choose Two:
 Mashed Potatoes w/Gravy
 Baked Beans
Choose One:
 Strawberry Cup
 Whole Fresh Fruit

Friday, May 23
Breakfast
 Benefit Bar
 Fruit-Juice-Milk
Lunch
 Spicy Chicken Tenders w/Roll
 Garlic French Bread
Choose Two:
 French Fries
 Mixed Vegetables
Choose One:
 Orange Cup
 Whole Fresh Fruit

Monday, May 26

MEMORIAL DAY
NO SCHOOL TODAY

Tuesday, May 27
Breakfast
 Sausage Biscuit*
 Fruit-Juice-Milk
Lunch
 Stuffed Crust Pizza
 Chicken Nuggets w/Roll
Choose Two:
 Corn
 Spinach
Choose One:
 Pineapple Cup
 Whole Fresh Fruit

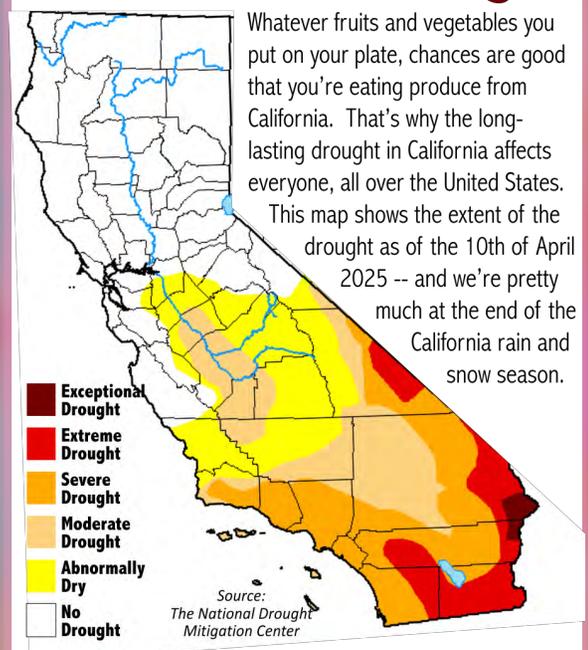
Wednesday, May 28
Breakfast
 Waffle Envy
 Fruit-Juice-Milk
Lunch
 Crispy Chicken Patty on Bun
 Macaroni & Cheese Bites
Choose Two:
 Taco Fiesta Beans
 Roasted Butternut Squash
Choose One:
 Mixed Fruit Cup
 Whole Fresh Fruit

Thursday, May 29
Breakfast
 Zee Zee's Smore Bar
 Fruit-Juice-Milk
Lunch
 Cheese Stuffed Bread Sticks
 Spicy Chicken Tenders w/Roll
Choose Two:
 Tomato Soup
 Green Beans
Choose One:
 Peach Cup
 Whole Fresh Fruit

Friday, May 30
Breakfast
 Cinnamon Roll
 Fruit-Juice-Milk
Lunch
 BBQ on Bun*
 w/Cornbread Poppers
 Chicken & Waffles
Choose Two:
 Cole Slaw
 French Fries
Choose One:
 Pear Cup
 Whole Fresh Fruit



When California is dry, we're all in a drought



Whatever fruits and vegetables you put on your plate, chances are good that you're eating produce from California. That's why the long-lasting drought in California affects everyone, all over the United States. This map shows the extent of the drought as of the 10th of April 2025 -- and we're pretty much at the end of the California rain and snow season.

VEGETABLE
Corn
 Among the fantastic fresh summer foods we all anticipate, fresh corn on the cob is certainly a favorite. Technically, corn is a grain, but most often we use it like a vegetable. In most parts of the U.S., fresh sweet corn season is in full swing from July through September.
OF THE MONTH

Word of the Month
con·fi·dence
 n. 1. Trust or faith in a person or thing 2. self-assurance; a strong and justified belief in one's self and one's abilities, without arrogance

Salad of the Day
 Monday - Chef's Salad w/Garlic Stick
 Tuesday - Country Chicken Salad, Crackers
 Wed - BLT Salad* w/Garlic Stick
 Thursday - Country Chicken Salad/Crackers
 Friday - Hawaiian Chicken Salad w/Lemon Bread

Percentages of U.S. production that comes from California:

Walnuts 99%	Garlic 95%
Almonds 99%	Strawberries 92%
Artichokes 99%	Grapes 91%
Pistachios 98%	Tomatoes 90%
Kiwis 97%	Cauliflower 89%
Plums 97%	Lettuce 74%
Broccoli 95%	Spinach 71%
Celery 95%	Carrots 69%

Learn more at www.CHOOSEMYPLATE.gov or http://kidshealth.org/kid/stay_healthy/food/pyramid.html