



This institution is an equal opportunity provider. Menus are subject to change.

**Available Daily**

**PBJ-Sliced Apples**  
**Cut-up Fresh Fruit**  
**Yogurt w/String Cheese**  
**w/Cheez-its**  
**1% White, Low-fat Flavored Skim Milk**

**\*Menu item may contain pork\***

**Thursday, May 1**

**Breakfast**  
Zee Zee's Smore Bar  
Fruit-Juice-Milk

**Lunch**  
Corndog Nuggets  
Baked Potato w/Taco Meat w/Cheese & Roll  
Macaroni Cheese Bites

**Choose Two:**  
Broccoli  
Baked Beans

**Choose One:**  
Strawberry Cup, Fresh Fruit

**Friday, May 2**

**Breakfast**  
Cinnamon Roll  
Fruit-Juice-Milk

**Lunch**  
Pizza Crunchers  
Steak & Cheese Fajita  
Turnkey, Ham & Cheese Sub/Wrap

**Choose Two:**  
Green Beans  
Emoticon Potatoes

**Choose One:**  
Orange Cup, Fresh Fruit

**Brain Ticklers**

If a man builds a house with all 4 sides facing south, and a bear walks by the house, what color is the bear?

(Hold the page upside down and read it in a mirror for the answer!)

**Monday, May 5**

**Breakfast**  
Banana Bread  
Fruit-Juice-Milk

**Lunch**  
Galaxy Pizza  
Chicken Fajita  
Turkey & Cheese Anytimer

**Choose Two:**  
Sweet Potato Waffle Fries  
Corn

**Choose One:**  
Applesauce Cup  
Whole Fresh Fruit

**Tuesday, May 6**

**Breakfast**  
Dunkin Stick  
Fruit-Juice-Milk

**Lunch**  
Mozzarella Sticks  
Beef Hot Dog  
Chicken Nuggets

**Choose Two:**  
Green Beans  
Baked Beans

**Choose One:**  
Pineapple Cup  
Whole Fresh Fruit

**Wednesday, May 7**

**Breakfast**  
Sausage & Gravy Pizza\*

**Lunch**  
Macaroni & Cheese  
Chicken & Waffles  
Yogurt Parfait

**Choose Two:**  
Roasted Butternut Squash  
Spinach

**Choose One:**  
Mixed Fruit Cup  
Whole Fresh Fruit

**Thursday, May 8**

**Breakfast**  
Asst. Mini Pancakes  
Fruit-Juice-Milk

**Lunch**  
Nachos w/Chili, Cheese, Roll  
Cheese Manicotti  
Stromboli\*

**Choose Two:**  
Steamed Cabbage  
Garden Salad

**Choose One:**  
Peach Cup  
Whole Fresh Fruit

**Friday, May 9**

**Breakfast**  
Benefit Bar  
Fruit-Juice-Milk

**Lunch**  
Chicken Patty on Bun  
Teriyaki Chicken Bowl  
W/Fried Rice  
Pizza Pinwheels

**Choose Two:**  
French Fries  
Broccoli

**Choose One:**  
Pear Cup, Fresh Fruit

**GOING NATURAL?**

There's no legal definition of the word "natural" on a food label. So it doesn't really mean much at all. To truly "go natural," eat lots of whole foods

**100% NATURAL**

(like fruits, veggies, nuts, beans, lean protein) that don't have any other ingredients at all -- naturally.

**EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.**  
**WELLNESS IS A WAY OF LIFE!**

**Monday, May 12**

**Breakfast**  
Breakfast Break  
Fruit-Juice-Milk

**Lunch**  
Hamburger/Cheeseburger  
On Bun  
Pizza Calzone\*  
Fish Sticks

**Choose Two:**  
Corn

**Choose One:**  
Taco Fiesta Beans  
Orange Cup, Fresh Fruit

**Tuesday, May 13**

**Breakfast**  
Sausage Biscuit\*  
Fruit-Juice-Milk

**Lunch**  
Pizza  
Roasted Chicken Leg, Stuffing  
Turkey & Cheese Anytimer

**Choose Two:**  
Mashed Potatoes w/Gravy  
Broccoli

**Choose One:**  
Dole Fruit Cup  
Whole Fresh Fruit

**Wednesday, May 14**

**Breakfast**  
Waffle Envy  
Fruit-Juice-Milk

**Lunch**  
Spaghetti w/Meat Sauce  
BBQ on Bun\*  
Yogurt Parfait

**Choose Two:**  
Green Beans  
Cole Slaw

**Choose One:**  
Applesauce Cup  
Whole Fresh Fruit

**Thursday, May 15**

**Breakfast**  
Zee Zee's Smore Bar  
Fruit-Juice-Milk

**Lunch**  
Breakfast for Lunch\*  
w/Cinnamon Texas Toast  
Fiesta Hot Pockets  
Italian Sandwich

**Choose Two:**  
Garden Salad  
Hash Browns

**Choose One:**  
Spiced Apples, Fresh Fruit

**Friday, May 16**

**Breakfast**  
Cinnamon Roll  
Fruit-Juice-Milk

**Lunch**  
Veg. Chili w/Scoops  
Fiesta Pizza  
Manager's Special\*

**Choose Two:**  
Collard Greens  
Cherry Tomatoes

**Choose One:**  
Mixed Fruit  
Whole Fresh Fruit

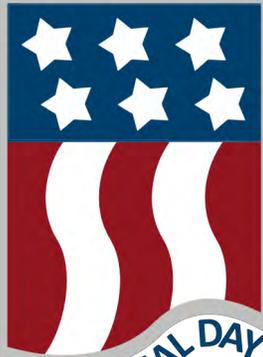
**Monday, May 19**  
**Breakfast**  
 Banana Bread  
 Fruit-Juice-Milk  
**Lunch**  
 Chicken Chunks & Gravy w/Stuffing  
 Beef & Cheese Soft Taco  
 Garlic French Bread  
**Choose Two:**  
 Taco Fiesta Beans  
 Mixed Vegetables  
**Choose One:**  
 Zee Zee Raisins, Fresh Fruit

**Tuesday, May 20**  
**Breakfast**  
 Dunkin Stick  
 Fruit-Juice-Milk  
**Lunch**  
 Buffalo Chicken Dip w/Scoops  
 Pizza Quesadilla  
 Meatball Sub  
**Choose Two:**  
 Au gratin Potatoes  
 Cucumber Coins  
**Choose One:**  
 Peach Cup, Fresh Fruit

**Wednesday, May 21**  
**Breakfast**  
 Sausage & Gravy Pizza\*  
 Fruit-Juice-Milk  
**Lunch**  
 Yogurt Parfait  
 Popcorn Chicken  
 Grilled Cheese  
**Choose Two:**  
 Corn  
 Tomato Soup  
**Choose One:**  
 Pear Cup  
 Whole Fresh Fruit

**Thursday, May 22**  
**Breakfast**  
 Asst. Mini Pancakes  
 Fruit-Juice-Milk  
**Lunch**  
 Corndog Nuggets  
 Baked Potato w/Taco Meat w/Cheese & Roll  
 Macaroni & Cheese Bites  
**Choose Two:**  
 Broccoli  
 Baked Beans  
**Choose One:**  
 Strawberry Cup, Fresh Fruit

**Friday, May 23**  
**Breakfast**  
 Benefit Bar  
 Fruit-Juice-Milk  
**Lunch**  
 Pizza Crunchers  
 Steak & Cheese Fajita  
 Turkey, Ham & Cheese Sub/Wrap  
**Choose Two:**  
 Green Beans  
 Emoticon Potatoes  
**Choose One:**  
 Orange Cup, Fresh Fruit

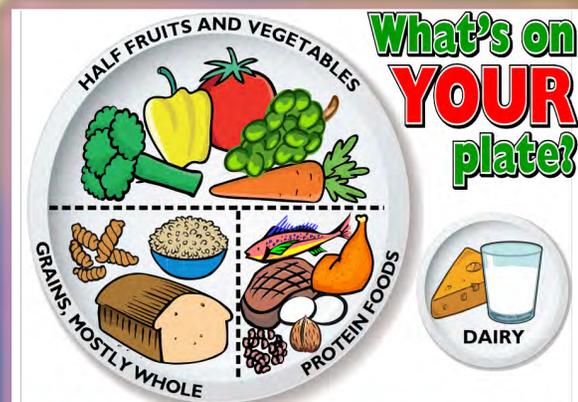
**Monday, May 26**  
  
**MEMORIAL DAY**  
**NO SCHOOL TODAY**

**Tuesday, May 27**  
**Breakfast**  
 Sausage Biscuit\*  
 Fruit-Juice-Milk  
**Lunch**  
 Mozzarella Sticks  
 Beef Hot Dog  
 Chicken Nuggets  
**Choose Two:**  
 Green Beans  
 Baked Beans  
**Choose One:**  
 Pineapple Cup  
 Whole Fresh Fruit

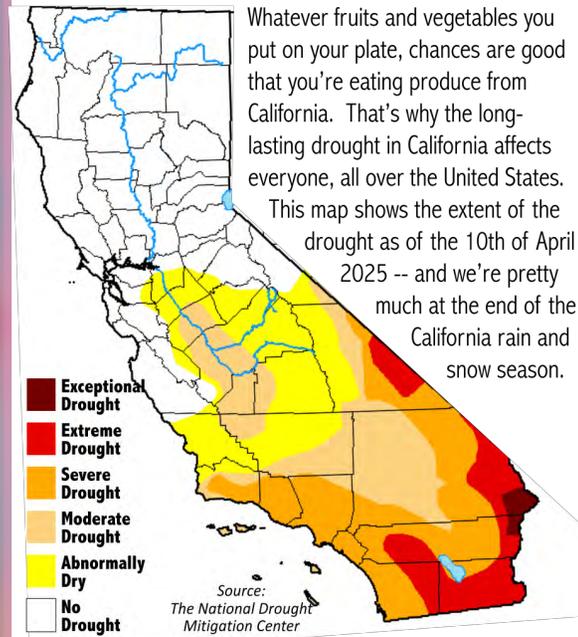
**Wednesday, May 28**  
**Breakfast**  
 Waffle Envy  
 Fruit-Juice-Milk  
**Lunch**  
 Macaroni & Cheese  
 Chicken & Waffles  
 Yogurt Parfait  
**Choose Two:**  
 Roasted Butternut Squash  
 Spinach  
**Choose One:**  
 Mixed Fruit Cup  
 Whole Fresh Fruit

**Thursday, May 29**  
**Breakfast**  
 Zee Zee's Smore Bar  
 Fruit-Juice-Milk  
**Lunch**  
 Nachos w/Chili, Cheese, Roll  
 Cheese Manicotti  
 Stromboli\*  
**Choose Two:**  
 Steamed Cabbage  
 Garden Salad  
**Choose One:**  
 Peach Cup  
 Whole Fresh Fruit

**Friday, May 30**  
**Breakfast**  
 Cinnamon Roll  
 Fruit-Juice-Milk  
**Lunch**  
 Chicken Patty on Bun  
 Teriyaki Chicken Bowl w/Fried Rice  
 Pizza Pinwheels  
**Choose Two:**  
 French Fries  
 Broccoli  
**Choose One:**  
 Pear Cup, Fresh Fruit



## When California is dry, we're all in a drought



Whatever fruits and vegetables you put on your plate, chances are good that you're eating produce from California. That's why the long-lasting drought in California affects everyone, all over the United States. This map shows the extent of the drought as of the 10th of April 2025 -- and we're pretty much at the end of the California rain and snow season.

**VEGETABLE**  
**Corn**  
 Among the fantastic fresh summer foods we all anticipate, fresh corn on the cob is certainly a favorite. Technically, corn is a grain, but most often we use it like a vegetable. In most parts of the U.S., fresh sweet corn season is in full swing from July through September.  
**OF THE MONTH**

**Word of the Month**  
**con·fi·dence**  
 n. 1. Trust or faith in a person or thing 2. self-assurance; a strong and justified belief in one's self and one's abilities, without arrogance

**Salad of the Day**  
 Monday - Chef's Salad w/Garlic Stick  
 Tuesday - Country Chicken Salad, Crackers  
 Wednesday - Southwestern Chicken Salad, Muffin  
 Thursday - BLT Salad\* w/Garlic Stick  
 Friday - Country Chicken Salad w/Crackers

**Percentages of U.S. production that comes from California:**

<b>Walnuts 99%</b>	<b>Garlic 95%</b>
<b>Almonds 99%</b>	<b>Strawberries 92%</b>
<b>Artichokes 99%</b>	<b>Grapes 91%</b>
<b>Pistachios 98%</b>	<b>Tomatoes 90%</b>
<b>Kiwis 97%</b>	<b>Cauliflower 89%</b>
<b>Plums 97%</b>	<b>Lettuce 74%</b>
<b>Broccoli 95%</b>	<b>Spinach 71%</b>
<b>Celery 95%</b>	<b>Carrots 69%</b>

Learn more at [www.CHOOSEMYPLATE.gov](http://www.CHOOSEMYPLATE.gov) or [http://kidshealth.org/kid/stay\\_healthy/food/pyramid.html](http://kidshealth.org/kid/stay_healthy/food/pyramid.html)